

□ MIAMI CITY BALLET SCHOOL

Video Audition Guidelines

- The video must be filmed within three months of the online audition registration date.
- The video does not need to have a high production value but should give a clear idea of the student's technique.
- The dancer must be clearly and fully visible at all times throughout the video.
- The exercise requirements below may be modified as needed based on the student's technical level and/or setting. All the exercise combinations should be simple. The student's focus should be on the quality of executing each step.
- Prior to filming consider the floor surface and test your work area before beginning and only execute the steps that can be safely completed in your space. If needed, you may omit or modify any of the exercises listed below (this will not affect your audition evaluation).

Please note: If you do not have access to a dance studio, you may modify or omit any of the listed video requirements as needed to fit your available space and in a safe manner.

What to wear:

- Female candidates: a leotard, (any color and style) pink tights, or a color to match skin tone if preferred, soft shoes and pointe shoes. Hair neatly groomed in a bun.
- Male candidates: wear a close-fitting white t-shirt or leotard, black tights (no dance shorts), white socks, black or white ballet shoes.

Please continue to the next pages to follow the guidelines for your specific age group:

- Ages 8-10 (Page 2)
- Ages 11-12 (Page 3)
- Ages 13 -18 (Page 4)

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Video Submissions Guidelines for Ages 8 – 10

1. **Barre work** (*Five minutes maximum*)

The exercises can be done facing the barre or one hand of the barre depending on the student age and technical ability. Left and right sides of all exercises must be shown.

- a) Pliés
- b) Battements Tendus
- c) Battement Degagés
- d) Rond de jambe a terre
- e) Grands Battements
- f) Plie relevés and sautés in 1st position
- g) Assambles
- h) Pas de bourrées

2. **Centre practice** (*Five minutes maximum*)

- a) Battement Tendus to the side in 1st position
- b) Preparation for pirouette in 4th position
- c) Echappés

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Video Submissions Guidelines for Ages 11 - 12

1. Barre work *(Five minutes maximum)*

Please position the camera halfway between front and side to show full range of movements. Left and right sides of all exercises must be shown.

- a) Pliés
- b) Battements Tendus
- c) Battement Degagés
- d) Rond de jambe a terre
- e) Battement Fondus
- f) Battement Développés
- g) Grands Battements

2. Centre practice *(Five minutes maximum)*

- a) Battement Tendus
- b) Simple Adagio
- c) Pirouettes from 4th and 5th or passes in relevé if pirouette has not been learned yet.
- d) Balancés
- e) Changements and échappés
- f) Glissades
- g) Assambles
- h) Jetés
- i) Sissones

3. Pointe work

All the exercises should be executed with two hands at the barre.

- a) Relevés in 1st position and 2nd position
- b) Echappés in 2nd position

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Video Submissions Guidelines for Ages 13 -18

Please note: Girls ages 15 and up should wear pointe shoes for the entire class.

1. Barre work *(Five minutes maximum)*

Please position the camera halfway between front and side to show full range of movements. Left and right sides of all exercises must be shown.

- a) Pliés
- b) Battements Tendus
- c) Battement Degagés
- d) Rond de jambe a terre
- e) Fondus
- f) Developpé
- g) Frappés
- h) Grands Battements

2. Centre practice

- a) Battement Tendus
- b) Adagio
- c) Pirouettes en dehors and en dedans
- d) Waltz combination
- e) Two combinations with assembles Glissade and jetés
- f) Diagonal across the floor with Grand jetés or Saut de chats and tour jetés

Men only:

- a) Entrechat six
- b) Tour en l'air
- c) Pirouettes a la seconde

Pointe requirements (for girls 13 - 15 years old):

- a) Echappé combination
- b) Fondus in releves
- c) Pirouettes from 5th and 4th
- d) Diagonal turns: Piqués en dehors, Piqués en dedans