

□ MIAMI CITY BALLET SCHOOL

2021 Summer Intensive Video Audition Guidelines

1. If recording your video at home:
 - Find a well-lit space
 - Make sure that your entire body fits on the screen
 - Prepare your dance space and use your best judgment when selecting a temporary barre to ensure stability as you work.
 - Consider the floor surface and test your work area before beginning.
 - **Please note**, only execute the steps that can be safely completed in your space. If needed, you may omit or modify any of the exercises listed below (this will not affect your audition evaluation).
2. **Girls of all ages** are expected to have previous ballet training and should wear a leotard (any style and color), pink tights and ballet shoes. Hair must be pulled off the face, in a bun.
3. **Boys of all ages** are expected to have previous ballet training and should wear a white shirt, black tights, and ballet shoes.
4. **Girls ages 15 and up**, if in a safe and stable space and typically wear pointe shoes for an entire class, ladies should wear their pointe shoes for the whole video.
5. Suggested Video length: no longer than 15 minutes

Video Submissions Guidelines for Ages 8 - 12

Please note, if you do not have access to a dance studio, you may modify or omit any of the listed video requirements as needed to fit your available space in a safe manner.

1. At the barre:

- a. Grand plié in 1st, 2nd, 4th, and 5th positions
- b. Battement Tendues combination
- c. Battement Degagés combination
- d. Ronds de jambe a terre
- e. Adagio with développé to the front, side, and back
- f. Grands battements en croix

2. In the center:

- a. Battement Tendus
- b. Simple Adagio combination
- c. Pirouettes en dehors from V and IV or passes in releve if the student has not learned pirouettes.
- d. Sauté in first, second, and changement in 5th position.
- e. Assemblé
- f. Petit allegro with jeté and glissade

3. If the student has already begun Pointe:

- a. Relevés in first and second position with two hands at the barre.
- b. Echappés in second position.
- c. Passé relevés from front to back, and back to front.

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Video Submissions Guidelines for Ages 13 - 18

Please note, if you do not have access to a dance studio, you may modify or omit any of the listed video requirements as needed to fit your available space in a safe manner.

1. At the barre (M / W):

- a. Grand plié in 1st, 2nd, 4th, and 5th positions
- b. Battement Tendus
- c. Battement Degagés combination
- d. Ronds de jambe a terre and en l'air
- e. Adagio with développé to the front, side, and back
- f. Grands battements en croix

1. In the center (M / W):

- a. Battement Tendu efface, croise and ecarte
- b. Adagio combination
- c. Pirouettes en dehors and en dedans
- d. Two combinations using assemblé, jeté, sissonne, and glissade

2. *Pointe requirements in the center:*

- a. Echappé combination with passé
- b. Pirouette combination
- c. Fondus in releve

3. **Diagonal across the floor** (M / W), only if you have a enough space to complete this safely.

- a. Grand jeté and tour jeté

4. **For Men:**

- a. Entrechat Six (16 bars)
- b. Single or double tour en l'air
- c. Jump combination with échappés, assemblés and jetés and sissonnes (with beats, if possible)